

Mothers,

- Are you having breastfeeding problems requiring a full assessment of your situation beyond the advice and encouragement of peer counselors?
- Do you need to get help right away?

Professional Assurance

- Your Breastfeed For Health lactation consultant is an internationally board certified professional (IBCLC).
- If a telephone consult will not correct the problem, your IBCLC will refer you to a local professional for an in-person evaluation and assessment.
- Your IBCLC will prepare a report of consultation and forward it to your healthcare provider.
- Your healthcare provider will receive a receipt and referral form to assist in insurance reimbursement for the cost of the consult.
- The advice you receive to successfully breastfeed will result in greater health benefits for both you and your baby.

Breastfeed For Health, LLC

is now sponsoring a trusted Breastfeeding Network, featuring some of the top International Board Certified Lactation Consultants (IBCLCs) in the country.

Services provided:

- * Breastfeeding Assessment
- * Lactation Consultation
- * Report to Healthcare Provider for each Consult
- * Referral Forms to aid in insurance reimbursement

Questions?

Call toll free at:

1-877-250-BABY

(1-877-250-2229)

or go to

www.breastfeed4health.com

Breastfeed For Health, LLC

A trusted source of professional support for nursing mothers



**Mom's Helpline
Now Accepting Calls**

Toll free: 1-877-250-2229

How it works:

- Patient calls toll free number, provides her contact information and the name and phone number of the primary healthcare provider (HCP).
- Appointment is made with the first available IBCLC.
- Patient prepays for the consult with credit or debit card
- Patient calls toll free extension at scheduled time, IBCLC helps patient.
- IBCLC completes report and sends to patient's HCP.
- Along with report, HCP receives referral form to help seek insurance reimbursement for the cost of the consult.

Total cost per consult:
\$88

Affordable, Timely, Professional



Breastfeeding: Best for you, Best for your baby

There are many reasons to breastfeed. Breastfeeding promotes faster bonding time between mothers and their babies, has unquestioned health benefits to both the mother and the baby, and typically breastfed babies have higher IQs. A lot of the attention of the health benefits in recent years has centered on the antibodies the mother passes to her baby through breastmilk that helps control allergies and fend off other childhood diseases. There is also a decreased risk for breastfed babies to suffer from Sudden Infant Death Syndrome (SIDS), the leading cause of deaths in infants in the United States, according to the American Academy of Pediatrics.

Financially, breastfeeding is another winner. Average formula cost a few years ago was \$1,860 per year, but the big savings comes from having a healthier child, with fewer sicknesses requiring trips to the doctor, and fewer missed days at school and other disruptions.

If you need assistance, the network is here to help. So, do yourself and your baby a favor by breastfeeding. You'll both be happier for it.

Breastfeed for Health!

Carol Durham, RN, MSN, IBCLC
President and Principal Lactation Consultant
Breastfeed For Health, LLC

Benefits for the Baby:

- Protection from:
Allergies! Anemia
Communicable Childhood Diseases
Sudden Death from Botulism Other SIDS
Diarrhea and vomiting Salmonellosis
Giardiasis Gastrointestinal Disease
RSV infections Juvenile Rheumatoid Arthritis
- Hospitalization:
Less Likely
Reduced Readmission Rates
- Lessen Risk of:
Necrotizing Enterocolitis Otitis Media
Respiratory Infections
Sepsis Urinary Tract Infections
Childhood Cancer Asthma
Heart Disease Inguinal Hernia
Multiple Sclerosis
Childhood obesity

Benefits for the Mother:

- Pitocin savings in post partum care
- Breast Cancer Reduction
- Reduces:
Diabetic's Need for Insulin
Or Delays Onset of Gestational Diabetes
Hyperprolactinemia
Galactorrhea
Menstrual Disturbances
Genito-Urinary problems
- Oxytocin:
Decreases Blood Pressure
Decreases Stress Hormone level
Calms the mother
- Reduces Risk of:
Endometrial cancer
Ovarian cancer
Osteoporosis and osteoporotic fractures
Rheumatoid Arthritis
- Helps in Weight Loss